





Left: October is the best time to visit Virginia if you want to enjoy the landscape in full autumnal regalia

Top: Barboursville has won more awards than any Virginia winery, and was served at last year's Royal wedding

Above: you might be invited to lend a hand picking grapes if you time your visit to Gray Ghost Vineyards right





#### **FACT FILE**

Total planted area 1,214ha Number of wineries 220 AVAs Eastern Shore, Monticello, Northern Neck North Fork of Roanoke, Rocky Knob, Shenandoah Valley (Rappahannock is not yet an AVA)

Grapes (in Monticello and Rappahannock) Viognier, Chardonnay, Vidal Blanc, Gewurztraminer, Cabernet Franc, Cabernet Sauvignon, Merlot, Norton, Petit Verdot After a history of setbacks, Thomas Jefferson's Virginia is now on the cusp of a viticultural renaissance. Visit now before the masses catch on, says Katie Kelly Bell

STANDING ON THE sweeping expanse that is the front lawn of Thomas Jefferson's Monticello estate, one can appreciate his desire to bring viticulture to Virginia. With her gentle slopes and long growing season, this southern state seems ideally suited for winemaking. Yet despite 30 years of effort, America's third president never bottled a single vintage.

Virginian winemaking continued to suffer

setbacks long after Jefferson's death, with the onset of the Civil War and, later, Prohibition. But today's Virginian winemakers have proven that Jefferson's vision was spot on. The Monticello AVA now comprises a third of Virginia's 1,214 vineyard hectares. Of the 220 wineries, more than 20 have garnered some form of national and international acclaim for their wines. Prince William and Kate Middleton even served Barboursville's Bordeaux blend, Octagon, at their wedding last year.

# Well-kept secret

Winding down the hillside from Jefferson's estate into the dewy lush glades below, it becomes clear why the fantastic wine touring in Virginia is a well-kept secret among the locals. Curvaceous

'The Blue Ridge mountain chain anchors Virginia's pastoral landscape, where apple orchards and vineyards line the hillsides'

hillsides trimmed by white fences, dotted with horses, wildflowers and pine unfold in a carpet just beneath the Blue Ridge mountain chain. Softened by time, the forested mountains anchor this pastoral landscape where llamas stand guard over flocks of sheep, and apple orchards and vineyards line the hillsides. Tucked in along the way are antique shops, roadside farm stands, farm-to-table restaurants, and even a few brewers and distillers crafting whiskey and speciality beers. This is indeed a land of artisans; whether they're chefs, dairy farmers or winemakers, painstaking devotion to craft is the religion here.

At the centre of the Monticello AVA is the college town of Charlottesville, home to the University of Virginia, which Jefferson also designed. From here, Route
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# Six of the best wineries to visit

#### ★ Barboursville Vineyards

The winner of more awards than any winery in the state. Try the Octagon, velvety Cabernet Franc Reserve and Barbera Reserve. Leave time to explore the historical ruins on the property and finish with a three-course tasting lunch at the winery's Palladio restaurant.

# www.barbours villewine.com

★ Gray Ghost Vineyards
Winemakers/owners Al and Cheryl
Kellert produce everything from
award-winning late-harvest Vidal
Blanc to Riesling, Gewurztraminer and
Cabernet Sauvignon. Visit during
harvest and you'll be invited to pick the
grapes – it's a community effort.

# www. grayghost vineyards. com

★ Jefferson Vineyards
This property is the original site of
Thomas Jefferson's first vineyards.
Today the elegantly balanced Viognier
2010 and the Meritage 2008 are the
estate's flagship wines.

www.jeffers on vineyards.com

# ★ King Family Vineyards

Watch the Sunday polo matches on the field flanking this sprawling vineyard. Then be sure to sample French winemaker Matthieu Finot's world-class Petit Verdot and Seven, a Port-style Merlot, fortified with brandy and aged in bourbon barrels.

# www. king family vineyards. com

#### **★** Pollak Vineyards

The large tasting room here overlooks a lovely pond; mountain vistas make up the background. Award-winning Viognier and lush, integrated Merlot are stars. www.pollakvineyards.com

#### ★ Veritas Vineyards

Originally from England, owners
Andrew and Patricia Hodson moved to
Virginia because of the area's beauty.
Their daughter Emily, voted US Woman
Winemaker of the Year in 2007, crafts
balanced and artful sparkling wines,
Chablis-style Chardonnay, ageworthy
Bordeaux blends and Petit Verdot.

www.veritaswines.com

four main wine trails radiate out, making it an ideal base from which to explore. Almost every winery has a tasting room that's open daily, no appointment necessary. Because most wineries are small and produce very limited quantities, it's also likely that you'll meet the winemaker in the tasting room – pouring the wines, meeting guests and answering questions.

The main varieties here include Merlot, Cabernet Franc, Petit Verdot, Cabernet Sauvignon,

By plane to Washington DC From Dulles International, the drive to Charlottesville is two hours, or flights to Charlottesville are 20 minutes. Otherwise, connect to Richmond,

Virginia, which is an hour's

drive from Charlottesville.

How to get there

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Chardonnay and Viognier. Luca Paschina, a native Italian and winemaker for the highly acclaimed Barboursville Vineyards, wears his passion for Virginia on his sleeve. 'We have a lot to offer here - history, landscape, minimal traffic, fine cuisine, and of course good wine. In less than 25 minutes you can be at Monticello or Montpelier (President James Madison's ancestral home), in the Blue Ridge Mountains, on a Civil War battlefield or, of course, in a winery.'

To enjoy a deeper, more rural slice of the Virginian countryside, make the short one-hour drive north into Rappahannock County. Nestled in palpable calm, you'll find several intimate and charming B&Bs. At the Inn at Mount Vernon Farm, beautifully appointed rooms in the family manor house (dating back to the 1820s) overlook the sustainable, all organic family farm. This rural outpost is also home to the region's Forbes 5-star Inn at Little Washington, where you should allow time to enjoy what should be an unforgettable meal.

Rappahannock wineries are scattered about, roughly 10 to 15 minutes apart, so it's best to have an itinerary before you leave. Wineries here play a

'This is a land of artisans; whether they're chefs, dairy farmers or winemakers, devotion to craft is the religion here'

bit more loosely with grape varieties, so expect to try everything from a late-harvest Vidal Blanc, a Port-styled Norton or a Gewurztraminer.

# European-style wines

Given the fertile offerings around Monticello and Rappahannock, each day of your visit could easily contain several winery visits along with a historical detour punctuated by a fabulous meal. Try to visit in October: the foliage will be in full autumnal splendour, harvest will be winding down, and temperatures will still be mild. Visiting during the week is best, thereby avoiding the throngs that crowd the tasting rooms on the weekends. Accommodation ranges from private rental homes and basic hotels to more luxurious choices such as The Clifton Inn and Keswick Hall.

Despite her charm, the Virginian terroir is a demanding mistress. John Delmare of Rappahannock Cellars notes: 'We learn fast what works and what doesn't, and we're still learning. The fruit is very different in Virginia and as a result the wines are more delicate than those from the West Coast; ours are definitely more European in style.' And, he adds, 'We spend far more time in the vineyard coping with rain and humidity than any West Coast grower.'

As for wine, most winemakers agree that Viognier, Chardonnay, Petit Verdot, Cabernet Franc and Merlot are Virginia's strongest varieties. That could easily change; the region is a mere 30 years young. Indeed, experimentation is part of the evolution in Virginian wine... and the main reason why a trip here promises to be a tasty adventure. **D** 







Above: Virginian producers worth visiting include (from top) Veritas Vineyards, Gray **Ghost and Pollack** Vineyards

Above left: Veritas is run by Emily Hodson Pelton, a former US Woman Winemaker of the Year

Left: the grounds of Monticello, Thomas Jefferson's estate

Katie Kelly Bell is an Atlanta-based writer specialising in food, wine and travel



Above: nature lovers will be captivated by the multitude of wildflowers around Virginia's Blue Ridge mountains

Below: the University of

Thomas Jefferson, is well

Virginia, designed by

worth a visit

# Virginia

WHERE TO STAY, SHOP, EAT AND RELAX

Quaint inns, fine dining, architectural treats and retail therapy

#### HOTELS & RESTAURANTS Keswick Hall



Plush accommodation including a spa set amid a golf course fringed by jogging trails. This small luxury resort showcases the state's exceptional produce in the hotel's award-winning Fossett's Restaurant. www.keswick.com

#### The Clifton Inn



Rooms with mountain views provide a intimate setting for a romantic escape. Make sure you find time to savour a fine meal at the restaurant - the best seats are at the Chef's Counter where you'll be right in the heart of the action. www.cliftoninn.net

# Inn at Mount Vernon Farm

This lovingly restored turn-of-the century home is on a hillside overlooking the sustainable farm. Before fly fishing on the private riverfront, enjoy breakfast made from farm produce. www. theinnatmountvernonfarm.com

#### Blue Rock Inn

Farm-to-table dining with a Provençal twist in a turn-of-thecentury farmhouse. The four guestrooms are lovely for a night or two. www.thebluerockinn.com

# Inn at Little Washington

The area's only Forbes 5-Star lodging and dining boasts a raft of accolades including a place in the International Herald Tribune's 'Top 10 Restaurants in the World'. Playful twists on luxury defines this countryside gem. www. theinnatlittlewashington.com

# SHOPS Market Street Wine



Charlottesville's oldest wine shop boasts a large selection of Virginian wines complemented by fresh pastas, and local breads and cheeses. There's also an artisan beer selection and wine accessories. www.marketstreetwine.com

# The Virginia Shop

This purveyor of everything Virginian has it all, including local jams, coffees and chocolates. The wine selection represents Virginia well, and you can pick up a locally crafted souvenir from the Jefferson Brass Company. www.thevashop.net

#### Historic Downtown Mall



This is not a typical American mall, but rather an outdoor pedestrian shopping experience complete with antique shops, booksellers, clothing boutiques, live music, cafes and wine bars.

www.charlottesville.org

#### **TOURIST TRAIL**



#### Monticello

Thomas Jefferson's home is a rewarding visit for its architectural features and the intimate peek it provides into the life of a great US president. You could easily spend three hours here, so plan accordingly. www.monticello.org

#### Montpelier

The estate of President James Madison - the Father of the Constitution, Tour, walk the gardens and forest trails, visit the archaeological sites or bring a picnic lunch and enjoy the views. www.montpelier.org

#### University of Virginia

One of Jefferson's greatest architectural achievements, embodying his vision for academics and learning. Daily tours of the beautiful grounds include visits to the Rotunda. Academical Village and Pavilion Gardens. www.virginia.edu

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